



1. O God, our help in a - ges past, Our
2. Un der the sha - dow of your throne Your
3. Be - fore the hills in or - der stood, Or
Introit. O God, to my as - sist - ance come; Make



hope for years to come, Our shel - ter from the
saints have dwelt se - cure; Suf - fi - cient is your
earth re - ceived her frame, From e - ver - las - ting
haste, O Lord, I pray. You are my help, my



stor - my blast, And our e - ter - nal home.
arm a - lone, And our de - fense is sure.
you are God, To end - less years the same.
res - cu - er; O Lord, do not de - lay.

*Text: Based on Psalm 90; Isaac Watts, 1674-1748, Psalm 70: 2, 3, 4; Deus in adiutorium meum intende;
Introit, Ordinary Time 18 adapted Greg Heislman, © 2013. Tune: ST ANNE, CM (8686); William Croft.*