



1. O God, our help in a - ges past, Our
Introit. O God, to my as - sist - ance come; Make
2. Un der the sha - dow of your throne Your
3. Be - fore the hills in or - der stood, Or
4. A thou - sand a - ges in your sight Are
5. Time, like an e - ver rol - ling stream, Bears
6. O God, our help in a - ges past, Our



hope for years to come, Our shel - ter from the
haste, O Lord, I pray. You are my help, my
saints have dwelt se - cure; Suf - fi - cient is your
earth re - ceived her frame, From e - ver - las - ting
like an eve - ning gone, Short as the watch that
all our years a - way; They fly, for got ten,
hope for years to come, Be now our guard while



stor - my blast, And our e - ter - nal home.
res - cu - er; O Lord, do not de - lay.
arm a - lone, And our de - fense is sure.
you are God, To end - less years the same.
ends the night Be - fore the ri - sing sun.
as a dream Dies at the op - 'ning day.
trou - bles last, And our e - ter - nal home.

*Text: Based on Psalm 90; Isaac Watts, 1674-1748, Psalm 70: 2, 3, 4; Deus in adiutorium meum intende;
Introit, Ordinary Time 18 adapted Greg Heislman, © 2013. Tune: ST ANNE, CM (8686); William Croft.*