



1. O God, our help in a - ges past, Our
2. Un der the sha - dow of your throne Your
3. Be - fore the hills in or - der stood, Or
4. A thou - sand a - ges in your sight Are
Introit. Be my pro - tec - tor, might - y God, A



hope for years to come, Our shel - ter from the
saints have dwelt se - cure; Suf - fi - cient is your
earth re - ceived her frame, From e - ver - las - ting
like an eve - ning gone, Short as the watch that
ref - uge for me make; You are my rock, my



stor - my blast, And our e - ter - nal home.
arm a - lone, And our de - fense is sure.
you are God, To end - less years the same.
ends the night Be - fore the ri - sing sun.
strong - hold sure, Guide me for your name's sake.

*Text: Based on Psalm 90; Isaac Watts, 1674-1748, Psalm 31:3, 4, 2; Esto mihi in Deum protectorem;
Introit, Ordinary Time 6, adapted Greg Heislman, © 2015, 2020. Tune: ST ANNE CM*