



1. O God, our help in a - ges past, Our  
2. Un der the sha - dow of your throne Your  
3. Be - fore the hills in or - der stood, Or  
4. A thou - sand a - ges in your sight Are

*Introit.* O God, to my as - sist - ance come; Make



hope for years to come, Our shel - ter from the  
saints have dwelt se - cure; Suf - fi - cient is your  
earth re - ceived her frame, From e - ver - las - ting  
like an eve - ning gone, Short as the watch that  
haste, O Lord, I pray. You are my help, my



stor - my blast, And our e - ter - nal home.  
arm a - lone, And our de - fense is sure.  
you are God, To end - less years the same.  
ends the night Be - fore the ri - sing sun.  
res - cu - er; O Lord, do not de - lay.

*Text: Based on Psalm 90; Isaac Watts, 1674-1748, Psalm 70: 2, 3, 4; Deus in adiutorium meum intende;  
Introit, Ordinary Time 18 adapted Greg Heislman, © 2013. Tune: ST ANNE, CM (8686); William Croft.*